

Spiritual Communion – Palm Sunday

At the Saviour's command and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

Prayer

Look, we pray, O Lord, on this your family,
for whom our Lord Jesus Christ
did not hesitate to be delivered into the hands of the wicked
and submit to the agony of the Cross.
Who lives and reigns for ever and ever. Amen.

There are times when people are unable to receive the Body and Blood of Christ, through illness or due to their personal disposition. Even though some may not receive 'sacramental' Communion, all are united in some way by the Holy Spirit. The traditional idea of 'spiritual' Communion is an important one to remember and reaffirm. A deep spiritual communion is possible even when we do not share together the Sacrament of the Body and Blood of Christ. (cf. Celebrating the Mass 212)



A reading from the holy Gospel Matthew

21:1-11

When they drew near to Jerusalem
and came to Bethphage, to the Mount of Olives,
Jesus sent two disciples, saying to them,
'Go into the village facing you,
and immediately you will find an ass tied,
and a colt with her: untie them and bring them to me.
If anyone says anything to you, you shall say,
"The Lord has need of them,"
and he will send them immediately.'
This took place to fulfil
what was spoken by the prophet, saying,
'Tell the daughter of Sion,
Behold, your king is coming to you,
humble, and mounted on an ass,
and on a colt, the foal of an ass.'
The disciples went and did as Jesus had directed them;
they brought the ass and the colt,
and put their garments on them, and he sat thereon.
Most of the crowd spread their garments on the road,
and others cut branches from the trees
and spread them on the road.
And the crowds that went before him
and that followed him shouted,
'Hosanna to the Son of David!
Blessed is he who comes in the name of the Lord!
Hosanna in the highest!'
And when he entered Jerusalem,
all the city was stirred, saying, 'Who is this?'
And the crowds said,
'This is the prophet Jesus from Nazareth of Galilee.'

The Gospel of the Lord

Gospel Acclamation

**Praise to you, O Christ, king of eternal glory!
Christ was humbler yet,
even to accepting death, death on a cross.
But God raised him high
and gave him the name which is above all names.
Praise to you, O Christ, king of eternal glory!**

Passion of our Lord Jesus Christ according to Matthew

26:14 - 27:66

Please read from your own Bibles.



**My Jesus,
I believe that you are present in this Holy Sacrament of the
altar.
I love you above all things
and I passionately desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come spiritually into my soul
so that I may unite myself wholly to you now and forever.
Amen.**

based on a prayer of St Alphonsus Liguori