

## The Rosary - The Sorrowful Mysteries

Hail, Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb Jesus, O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God.

*That we may be made worthy of the promises of Christ.*

O God, whose only-begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal salvation; grant we beseech Thee, that meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise. Through the same Christ our Lord. Amen.



We start by saying the Our Father, the Hail Mary three times, and the Glory Be to the Father, for the intentions of our Holy Father, the Pope.

In the name of the Father, ✠ and of the Son, and of the Holy Spirit, Amen.

**Apostles Creed**

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

**Our Father ...**

**Hail Mary, full of grace ...**

**Hail Mary, full of grace ...**

**Hail Mary, full of grace ...**

**Glory be to the Father and to the Son and to the Holy Spirit, as  
it was in the beginning, is now, and ever shall be, world without  
end. Amen.**

**First Sorrowful Mystery - The Agony in the Garden**

*At Gethsemane, Jesus prays as he contemplates the sins of the world.*

**One Our Father.**

**Ten Hail Mary.**

**One Glory Be.**

**Second Sorrowful Mystery - The Scourging at the Pillar**

*Jesus is cruelly scourged until his mortified body can bear no more.*

**One Our Father.**

**Ten Hail Mary.**

**One Glory Be.**

**Third Sorrowful Mystery - The Crowning with Thorns**

*A crown of thorns is placed on the head of Jesus.*

**One Our Father.**

**Ten Hail Mary.**

**One Glory Be.**

**Fourth Sorrowful Mystery - The Carrying of the Cross**

*Jesus carries the heavy cross upon his shoulders to Calvary.*

**One Our Father.**

**Ten Hail Mary.**

**One Glory Be.**

**Fifth Sorrowful Mystery - The Crucifixion**

*Jesus is nailed to the cross, and dies after hours of agony.*

**One Our Father.**

**Ten Hail Mary.**

**One Glory Be.**