



Immaculate Queen of Heaven and Earth,  
Mother of God and Mediatrix of every grace:  
I believe that thy dearly beloved Son,  
Our Lord Jesus Christ,  
is truly, really, and substantially  
contained in the Most Blessed Sacrament.

I love Him above all things  
and I long to receive Him into my heart.  
Since I cannot now receive Him sacramentally,  
be so good as to place Him spiritually in my soul.

O my Jesus,  
I embrace Thee as One who has already come,  
and I unite myself entirely to Thee:  
never permit me to be separated from Thee. Amen.

## May is the Month of Mary



### **The Apostle's Creed**

I believe in God, the Father Almighty, Creator of Heaven and earth;  
and in Jesus Christ, His only Son, Our Lord, Who was conceived by  
the Holy Ghost, born of the Virgin Mary, suffered under Pontius  
Pilate, was crucified; died, and was buried. He descended into Hell;  
the third day He arose again from the dead; He ascended into  
Heaven, sitteth at the right hand of God, the Father Almighty; from  
thence He shall come to judge the living and the dead. I believe in  
the Holy Spirit, the holy Catholic Church, the communion of saints,  
the forgiveness of sins, the resurrection of the body, and the life  
everlasting. Amen.

### **The Joyful Mysteries – Monday & Saturday**

**The Annunciation:** The Archangel Gabriel "announces" to Mary that she shall conceive the Son of God.

**The Visitation:** Mary visits her cousin Elizabeth, who is pregnant with John the Baptist.

**The Nativity:** Jesus is born.

**The Presentation:** Mary and Joseph "present" Jesus in the Temple where they meet Simeon.

**The Finding in the Temple:** After losing Him, Mary and Joseph find young Jesus teaching the Rabbis in the Temple.

### **The Luminous Mysteries - Thursday**

**The Baptism in the Jordan:** The voice of the Father declares Jesus the beloved Son.

**The Wedding at Cana:** Christ changes water into wine, his first public miracle.

**The Proclamation of the Kingdom:** Jesus calls to conversion (cf. Mk 1:15) and forgives the sins of all who draw near to him.

**The Transfiguration:** The glory of the Godhead shines forth from the face of Christ.

**The Institution of the Eucharist:** Jesus offers the first Mass at the Last Supper with his apostles, establishing the sacramental foundation for all Christian living.

### **The Sorrowful Mysteries – Tuesday & Friday**

**The Agony in the Garden:** Jesus sweats water and blood while praying the night before his passion.

**The Scourging at the Pillar:** Pilate has Jesus whipped.

**The Crowning with Thorns:** Roman soldiers crown Jesus' head with thorns.

**The Carrying of the Cross:** Jesus meets His mother and falls three times on the way up Calvary.

**The Crucifixion:** Jesus is nailed to the cross and dies before His mother and His apostle John.

### **The Glorious Mysteries – Wednesday & Sunday**

**The Resurrection:** Jesus rises from the dead.

**The Ascension:** Jesus leaves the Apostles and bodily "ascends" to heaven.

**The Descent of the Holy Spirit:** The Apostles receive the Holy Spirit in tongues of fire in the upper room with Mary.

**The Assumption:** Mary is taken bodily--assumed--into heaven by God at the end of her life here on earth.

**The Coronation:** Mary is crowned Queen of Heaven and Earth.

### **Hail Holy Queen**

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

Pray for us O Holy Mother of God, that we may be worthy of the promises of Christ.

O God whose only begotten Son by his life, death, and Resurrection has purchased for us the rewards of eternal life; grant we beseech thee, that meditating on these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise through the same Christ our Lord. Amen.

