

**My Jesus,
I believe that you are present in this Holy Sacrament of the altar.
I love you above all things
and I passionately desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come spiritually into my soul
so that I may unite myself wholly to you now and forever. Amen.**

based on a prayer of St Alphonsus Liguori

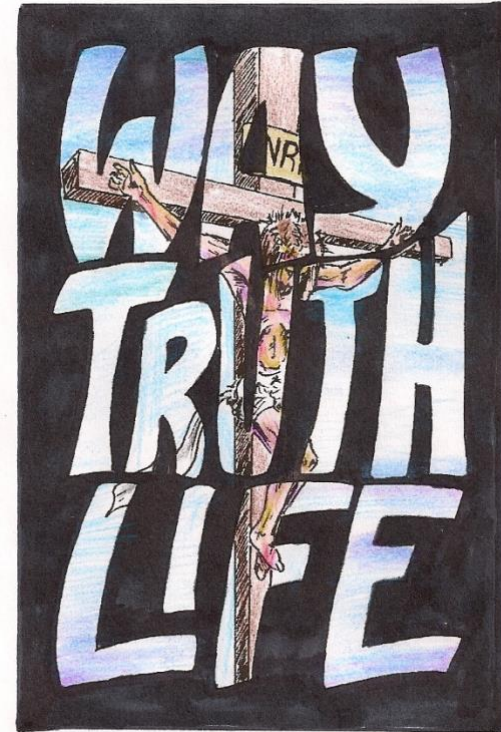
At the Saviour's command
and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**



Spiritual Communion - 5th Sunday of Easter

There are times when people are unable to receive the Body and Blood of Christ, through illness or due to their personal disposition. Even though some may not receive 'sacramental' Communion, all are united in some way by the Holy Spirit. The traditional idea of 'spiritual' Communion is an important one to remember and reaffirm. A deep spiritual communion is possible even when we do not share together the Sacrament of the Body and Blood of Christ. (cf. Celebrating the Mass 212)



Prayer

Almighty ever-living God, constantly accomplish the Paschal Mystery within us, that those you were pleased to make new in Holy Baptism may, under your protective care, bear much fruit and come to the joys of life eternal. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

A reading from the Acts of the Apostles (6:1-7)

About this time, when the number of disciples was increasing, the Hellenists made a complaint against the Hebrews: in the daily distribution their own widows were being overlooked. So the Twelve called a full meeting of the disciples and addressed them, 'It would not be right for us to neglect the word of God so as to give out food; you, brothers, must select from among yourselves seven men of good reputation, filled with the Spirit and with wisdom; we will hand over this duty to them, and continue to devote ourselves to prayer and to the service of the word.' The whole assembly approved of this proposal and elected Stephen, a man full of faith and of the Holy Spirit, together with Philip, Prochorus, Nicanor, Timon, Parmenas, and Nicolaus of Antioch, a convert to Judaism. They presented these to the apostles, who prayed and laid their hands on them.

The word of the Lord continued to spread: the number of disciples in Jerusalem was greatly increased, and a large group of priests made their submission to the faith.

The Word of the Lord

Gospel Acclamation

Alleluia, alleluia!

Jesus said: 'I am the Way, the Truth and the Life.

No one can come to the Father except through me.'

Alleluia!

A reading from the holy Gospel according to John (14:1-12)

Jesus said to his disciples:

'Do not let your hearts be troubled.

Trust in God still, and trust in me.

There are many rooms in my Father's house;

if there were not, I should have told you.

I am going now to prepare a place for you,

and after I have gone and prepared you a place,

I shall return to take you with me;

so that where I am

you may be too.

You know the way to the place where I am going.'

Thomas said, 'Lord, we do not know where you are going, so how can we know the way?' Jesus said:

'I am the Way, the Truth and the Life.

No one can come to the Father except through me.

If you know me, you know my Father too.

From this moment you know him and have seen him.'

Philip said, 'Lord, let us see the Father and then we shall be satisfied.'

'Have I been with you all this time, Philip,' said Jesus to him 'and you still do not know me?

'To have seen me is to have seen the Father,

so how can you say, "Let us see the Father"?

Do you not believe

that I am in the Father and the Father is in me?

The words I say to you I do not speak as from myself:

it is the Father, living in me, who is doing this work.

You must believe me when I say

that I am in the Father and the Father is in me;

believe it on the evidence of this work, if for no other reason.

I tell you most solemnly,

whoever believes in me

will perform the same works as I do myself,

he will perform even greater works,

because I am going to the Father.'

The Gospel of the Lord

