

**My Jesus,
I believe that you are present in this Holy Sacrament of the altar.
I love you above all things
and I passionately desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come spiritually into my soul
so that I may unite myself wholly to you now and forever.
Amen.**

based on a prayer of St Alphonsus Liguori

At the Saviour's command
and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

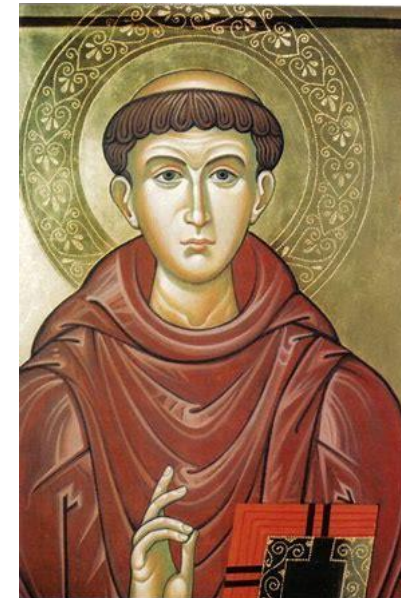


Concluding Prayer

Refreshed by heavenly food, we humbly implore you, O Lord, that, attentive to the teaching of Saint Antony of Padua, we may abide at all times in thanksgiving for the gifts we have received. Through Christ our Lord. Amen.

Spiritual Communion Saint Antony of Padua, Priest, Doctor Saturday 13 June 2020

Saint Antony was first of all an Augustinian monk, but he was so impressed by the martyrdom of five Franciscans who had been spreading the faith in Morocco that he became a Franciscan friar himself, so that he could preach the gospel in Africa too. Illness obliged him to leave Morocco, and a storm then drove his ship to Sicily, so that he found himself taking part in the General Chapter of the Franciscans in 1221, where he met Saint Francis of Assisi himself. His preaching career then took him to northern Italy and southern France, then a stronghold of the Albigensian heresy. Later he returned to Italy, to Padua, where he was an outstanding preacher and the first Franciscan theologian. His sermons are full of gentleness, but he reproved the wicked with fearless severity – especially backsliding clergy and the oppressors of the weak. His shrine is a centre of pilgrimage, and he is also the patron saint of the lost and found.



Opening Prayer

Almighty ever-living God, who gave Saint Anthony of Padua to your people as an outstanding preacher and an intercessor in their need, grant that, with his assistance, as we follow the teachings of the Christian life, we may know your help in every trial. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

A reading from the first book of Kings

19:19-21 -

Leaving Mount Horeb, Elijah came on Elisha son of Shaphat as he was ploughing behind twelve yoke of oxen, he himself being with the twelfth. Elijah passed near to him and threw his cloak over him. Elisha left his oxen and ran after Elijah. 'Let me kiss my father and mother, then I will follow you' he said. Elijah answered, 'Go, go back; for have I done anything to you?' Elisha turned away, took the pair of oxen and slaughtered them. He used the plough for cooking the oxen, then gave to his men, who ate. He then rose, and followed Elijah and became his servant.

The Word of the Lord



Gospel Acclamation

Alleluia, alleluia!

Open my eyes, O Lord, that I
may consider
the wonders of your law.

Alleluia!

A reading from the holy Gospel according to Matthew

5:33-37

Jesus said to his disciples: 'You have learnt how it was said to our ancestors: You must not break your oath, but must fulfil your oaths to the Lord. But I say this to you: do not swear at all, either by heaven, since that is God's throne; or by the earth, since that is his footstool; or by Jerusalem, since that is the city of the great king. Do not swear by your own head either, since you cannot turn a single hair white or black. All you need say is "Yes" if you mean yes, "No" if you mean no; anything more than this comes from the evil one.'

The Gospel of the Lord

