

**My Jesus,
I believe that you are present in this Holy Sacrament of the altar.**

**I love you above all things
and I passionately desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come spiritually into my soul
so that I may unite myself wholly to you now and forever.
Amen.**

based on a prayer of St Alphonsus Liguori

At the Saviour's command
and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**



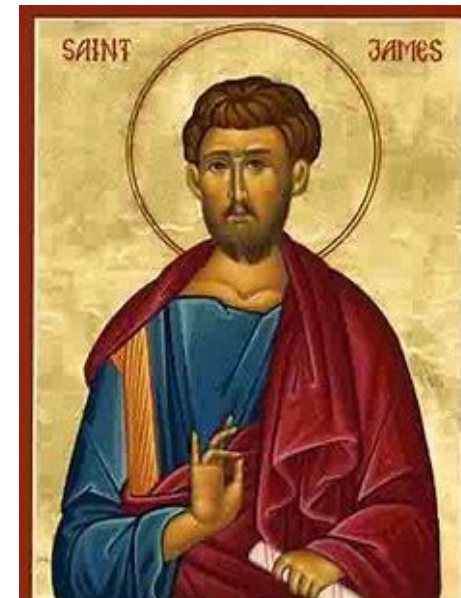
Concluding Prayer

Help us, O Lord, we pray, through the intercession of the blessed Apostle James, on whose feast day we have received with joy your holy gifts. Through Christ our Lord. Amen.

Spiritual Communion Feast Saint James, Apostle Saturday 25 July 2020

He was the brother of St John and, like him, a fisherman. He was one of the witnesses of the Transfiguration and one of those who slept through most of the Agony in the Garden. He was the first of the apostles to be martyred, being beheaded by King Herod Agrippa I to please the Jewish opponents of Christianity. He was buried in Jerusalem, and nothing more is known about him until the ninth century.

At this time we learn of a tradition that the relics of St James were brought to Spain sometime after his martyrdom, (perhaps early, perhaps as late as 830), and his shrine at Compostela in Galicia grew in importance until it became the greatest pilgrimage centre in western Europe. In every country there are churches of St James and known, well-trodden pilgrim routes



Opening Prayer

Almighty ever-living God, who consecrated the first fruits of your Apostles by the blood of Saint James, grant, we pray, that your Church may be strengthened by his confession of faith and constantly sustained by his protection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

A reading from St Paul's second letter to the Corinthians

4:7-15 .

We are only the earthenware jars that hold this treasure, to make it clear that such an overwhelming power comes from God and not from us. We are in difficulties on all sides, but never cornered; we see no answer to our problems, but never despair; we have been persecuted, but never deserted; knocked down, but never killed; always, wherever we may be, we carry with us in our body the death of Jesus, so that the life of Jesus, too, may always be seen in our body. Indeed, while we are still alive, we are consigned to our death every day, for the sake of Jesus, so that in our mortal flesh the life of Jesus, too, may be openly shown. So death is at work in us, but life in you.

But as we have the same spirit of faith that is mentioned in scripture – I believed, and therefore I spoke – we too believe and therefore we too speak, knowing that he who raised the Lord Jesus to life will raise us with Jesus in our turn, and put us by his side and you with us. You see, all this is for your benefit, so that the more grace is multiplied among people, the more thanksgiving there will be, to the glory of God.

The Word of the Lord

Gospel Acclamation

Alleluia, alleluia!

I chose you from the world

to go out and bear fruit,

fruit that will last, says the Lord.

Alleluia!

A reading from the holy Gospel according to Matthew

20:20-28

The mother of the sons of Zebedee came to Jesus with her sons to make a request of him, and bowed low; and he said to her, 'What is it you want?' She said to him, 'Promise that these two sons of mine may sit one at your right hand and the other at your left in your kingdom.' 'You do not know what you are asking' Jesus answered. 'Can you drink the cup that I am going to drink?' They replied, 'We can.' 'Very well,' he said 'you shall drink my cup, but as for seats at my right hand and my left, these are not mine to grant; they belong to those to whom they have been allotted by my Father.'

When the other ten heard this they were indignant with the two brothers. But Jesus called them to him and said, 'You know that among the pagans the rulers lord it over them, and their great men make their authority felt. This is not to happen among you. No; anyone who wants to be great among you must be your servant, and anyone who wants to be first among you must be your slave, just as the Son of Man came not to be served but to serve, and to give his life as a ransom for many.'

The Word of the Lord

