My Jesus,
I believe that you are present in this Holy Sacrament of the altar.

I love you above all things and I passionately desire to receive you into my soul.

Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever.

Amen.

based on a prayer of St Alphonsus Liguori

At the Saviour's command and formed by divine teaching, we dare to say:

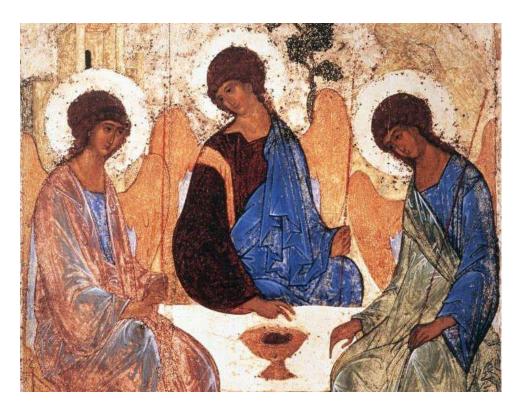
Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.



### **Concluding Prayer**

May receiving this Sacrament, O Lord our God, bring us health of body and soul, as we confess your eternal holy Trinity and undivided Unity. Through Christ our Lord. Amen.

# Spiritual Communion Solemnity of The Most Holy Trinity Sunday 12 June 2022



#### **Opening Prayer**

God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

#### **Proverbs 8:22-31**

The Wisdom of God cries aloud:

The Lord created me when his purpose first unfolded, before the oldest of his works. From everlasting I was firmly set, from the beginning, before earth came into being. The deep was not, when I was born, there were no springs to gush with water. Before the mountains were settled, before the hills, I came to birth; before he made the earth, the countryside, or the first grains of the world's dust. When he fixed the heavens firm, I was there, when he drew a ring on the surface of the deep, when he thickened the clouds above, when he fixed fast the springs of the deep, when he assigned the sea its boundaries – and the waters will not invade the shore – when he laid down the foundations of the earth, I was by his side, a master craftsman, delighting him day after day, ever at play in his presence, at play everywhere in his world, delighting to be with the sons of men.

The Word of the Lord

## Responsorial Psalm How great is your name, O Lord our God, through all the earth!

When I see the heavens, the work of your hands, the moon and the stars which you arranged, what is man that you should keep him in mind, mortal man that you care for him?

Yet you have made him little less than a god; with glory and honour you crowned him, gave him power over the works of your hand, put all things under his feet.

All of them, sheep and cattle, yes, even the savage beasts, birds of the air, and fish that make their way through the waters.

#### **Romans 5:1-5**

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. But that is not all we can boast about; we can boast about our sufferings. These sufferings bring patience, as we know, and patience brings perseverance, and perseverance brings hope, and this hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us.

The Word of the Lord

#### **Gospel Acclamation**

Alleluia, alleluia!

Glory be to the Father, and to the Son, and to the Holy Spirit;

the God who is, who was, and who is to come. Alleluia!

# A reading from the holy Gospel according to John 16:12-15 Jesus said to his disciples:

'I still have many things to say to you but they would be too much for you now. But when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking as from himself but will say only what he has learnt; and he will tell you of the things to come.

He will glorify me, since all he tells you will be taken from what is mine. Everything the Father has is mine; that is why I said: All he tells you will be taken from what is mine.'

The Gospel of the Lord

