My Jesus,

I believe that you are present in this Holy Sacrament of the altar.

I love you above all things and I passionately desire to receive you into my soul.

Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever.

Amen.

based on a prayer of St Alphonsus Liguori

At the Saviour's command and formed by divine teaching, we dare to say:

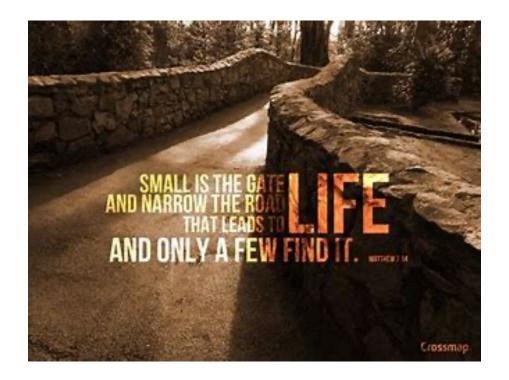
Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.



Concluding Prayer

Complete within us, O Lord, we pray, the healing work of your mercy and graciously perfect and sustain us, so that in all things we may please you. Through Christ our Lord. Amen.

Spiritual Communion - 21st Sunday in Ordinary Time Sunday 21 August 2022



Opening Prayer

O God, who cause the minds of the faithful to unite in a single purpose, grant your people to love what you command and to desire what you promise, that, amid the uncertainties of this world, our hearts may be fixed on that place where true gladness is found. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Isaiah 66:18-21

The Lord says this: I am coming to gather the nations of every language. They shall come to witness my glory. I will give them a sign and send some of their survivors to the nations: to Tarshish, Put, Lud, Moshech, Rosh, Tubal, and Javan, to the distant islands that have never heard of me or seen my glory. They will proclaim my glory to the nations. As an offering to the Lord they will bring all your brothers, on horses, in chariots, in litters, on mules, on dromedaries, from all the nations to my holy mountain in Jerusalem, says the Lord, like Israelites bringing oblations in clean vessels to the Temple of the Lord. And of some of them I will make priests and Levites, says the Lord.

The Word of the Lord

Responsorial Psalm Go out to the whole world; proclaim the Good News.

O praise the Lord, all you nations, acclaim him all you peoples!

Strong is his love for us; he is faithful for ever.

Hebrews 12:5-7,11-13

Have you forgotten that encouraging text in which you are addressed as sons? My son, when the Lord corrects you, do not treat it lightly; but do not get discouraged when he reprimands you. For the Lord trains the ones that he loves and he punishes all those that he acknowledges as his sons. Suffering is part of your training; God is treating you as his sons. Has there ever been any son whose father did not train him? Of course, any punishment is most painful at the time, and far from pleasant; but later, in those on whom it has been used, it bears fruit in peace and goodness. So hold up your limp arms and steady your trembling knees and smooth out the path you tread; then the injured limb will not be wrenched, it will grow strong again.

The Word of the Lord

Gospel Acclamation

Alleluia, alleluia! If anyone loves me he will keep my word, and my Father will love him, and we shall come to him. Alleluia!

A reading from the holy Gospel according to Luke 13:22-30

Through towns and villages Jesus went teaching, making his way to Jerusalem. Someone said to him, 'Sir, will there be only a few saved?' He said to them, 'Try your best to enter by the narrow door, because, I tell you, many will try to enter and will not succeed.

'Once the master of the house has got up and locked the door, you may find yourself knocking on the door, saying, "Lord, open to us" but he will answer, "I do not know where you come from." Then you will find yourself saying, "We once ate and drank in your company; you taught in our streets" but he will reply, "I do not know where you come from. Away from me, all you wicked men!"

'Then there will be weeping and grinding of teeth, when you see Abraham and Isaac and Jacob and all the prophets in the kingdom of God, and yourselves turned outside. And men from east and west, from north and south, will come to take their places at the feast in the kingdom of God.

'Yes, there are those now last who will be first, and those now first who will be last.'

The Gospel of the Lord

