My Jesus,

I believe that you are present in this Holy Sacrament of the altar.

I love you above all things and I passionately desire to receive you into my soul.

Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever.

Amen.

based on a prayer of St Alphonsus Liquori

At the Saviour's command and formed by divine teaching, we dare to say:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.



Concluding Prayer

May your Sacraments, O Lord, we pray, perfect in us what lies within them, that what we now celebrate in signs we may one day possess in truth. Through Christ our Lord. Amen.

Spiritual Communion - 30th Sunday in Ordinary Time Sunday 23 October 2022



Opening Prayer

Almighty ever-living God, increase our faith, hope and charity, and make us love what you command, so that we may merit what you promise. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Ecclesiasticus 35:12-14, 16-19

The Lord is a judge who is no respecter of personages. He shows no respect of personages to the detriment of a poor man, he listens to the plea of the injured party. He does not ignore the orphan's supplication, nor the widow's as she pours out her story. The man who with his whole heart serves God will be accepted, his petitions will carry to the clouds. The humble man's prayer pierces the clouds, until it arrives he is inconsolable, And the Lord will not be slow, nor will he be dilatory on their behalf.

The Word of the Lord

Responsorial Psalm This poor man called; the Lord has heard him.

I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad.

The Lord turns his face against the wicked to destroy their remembrance from the earth. The just call and the Lord hears and rescues them in all their distress.

The Lord is close to the broken-hearted; those whose spirit is crushed he will save. The Lord ransoms the souls of his servants. Those who hide in him shall not be condemned.

2 Timothy 4:6-8,16-18

My life is already being poured away as a libation, and the time has come for me to be gone. I have fought the good fight to the end; I have run the race to the finish; I have kept the faith; all there is to come now is the crown of righteousness reserved for me, which the Lord, the righteous judge, will give to me on that Day; and not only to me but to all those who have longed for his Appearing.

The first time I had to present my defence, there was not a single witness to support me. Every one of them deserted me – may they not be held accountable for it. But the Lord stood by me and gave me power, so that through me the whole message might be proclaimed for all the pagans to hear; and so I was rescued from the lion's mouth. The Lord will rescue me from all evil attempts on me, and bring me safely to his heavenly kingdom. To him be glory for ever and ever. Amen.

The Word of the Lord

Gospel Acclamation

Alleluia, alleluia!
Blessed are you, Father,
Lord of heaven and earth,
for revealing the mysteries of the kingdom
to mere children.
Alleluia!

A reading from the holy Gospel according to Luke 18:9-14



Jesus spoke the following parable to some people who prided themselves on being virtuous and despised everyone else: 'Two men went up to the Temple to pray, one a Pharisee, the other a tax collector. The Pharisee stood there and said this prayer to himself, "I thank you, God, that I am not grasping, unjust, adulterous like the rest of mankind, and particularly that I am not like

this tax collector here. I fast twice a week; I pay tithes on all I get." The tax collector stood some distance away, not daring even to raise his eyes to heaven; but he beat his breast and said, "God, be merciful to me, a sinner." This man, I tell you, went home again at rights with God; the other did not. For everyone who exalts himself will be humbled, but the man who humbles himself will be exalted."

The Gospel of the Lord