

**Spiritual Communion  
Feast of the Baptism of the Lord  
Sunday 8 January 2023**

**My Jesus,  
I believe that you are present in this Holy Sacrament of the altar.  
I love you above all things and I passionately desire to receive you into my soul.  
Since I cannot now receive you sacramentally,  
come spiritually into my soul  
so that I may unite myself wholly to you now and forever.  
Amen.**

*based on a prayer of St Alphonsus Liguori*

At the Saviour's command and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**



**Concluding Prayer**

Nourished with these sacred gifts, we humbly entreat your mercy, O Lord, that, faithfully listening to your Only Begotten Son, we may be your children in name and in truth. Through Christ our Lord. Amen.



**Opening Prayer**

Almighty ever-living God, who, when Christ had been baptized in the River Jordan and as the Holy Spirit descended upon him, solemnly declared him your beloved Son, grant that your children by adoption, reborn of water and the Holy Spirit, may always be well pleasing to you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

### **Isaiah 42:1-4,6-7**

Thus says the Lord:

Here is my servant whom I uphold, my chosen one in whom my soul delights. I have endowed him with my spirit that he may bring true justice to the nations.

He does not cry out or shout aloud, or make his voice heard in the streets. He does not break the crushed reed, nor quench the wavering flame.

Faithfully he brings true justice; he will neither waver, nor be crushed until true justice is established on earth, for the islands are awaiting his law.

I, the Lord, have called you to serve the cause of right; I have taken you by the hand and formed you; I have appointed you as covenant of the people and light of the nations, to open the eyes of the blind, to free captives from prison, and those who live in darkness from the dungeon.

### **The Word of the Lord**

### **Responsorial Psalm**

**The Lord will bless his people with peace.**

O give the Lord, you sons of God,  
give the Lord glory and power;  
give the Lord the glory of his name.  
Adore the Lord in his holy court.

The Lord's voice resounding on the waters,  
the Lord on the immensity of waters;  
the voice of the Lord, full of power,  
the voice of the Lord, full of splendour.

The God of glory thunders.  
In his temple they all cry: 'Glory!'  
The Lord sat enthroned over the flood;  
the Lord sits as king for ever.

### **Acts 10:34-38**

Peter addressed Cornelius and his household: 'The truth I have now come to realise' he said 'is that God does not have favourites, but that anybody of any nationality who fears God and does what is right is acceptable to him.

'It is true, God sent his word to the people of Israel, and it was to them that the good news of peace was brought by Jesus Christ – but Jesus Christ is Lord of all men. You must have heard about the recent happenings in Judaea; about Jesus of Nazareth and how he began in Galilee, after John had been preaching baptism. God had anointed him with the Holy Spirit and with power, and because God was with him, Jesus went about doing good and curing all who had fallen into the power of the devil.'

### **The Word of the Lord**

### **Gospel Acclamation**

**Alleluia, alleluia!**

**The heavens opened and the Father's voice resounded:**

**'This is my Son, the Beloved. Listen to him.'**

**Alleluia!**

### **A reading from the holy Gospel according to Matthew 3:13-17**

Jesus came from Galilee to the Jordan to be baptised by John. John tried to dissuade him. 'It is I who need baptism from you' he said 'and yet you come to me!' But Jesus replied, 'Leave it like this for the time being; it is fitting that we should, in this way, do all that righteousness demands.' At this, John gave in to him.



As soon as Jesus was baptised he came up from the water, and suddenly the heavens opened and he saw the Spirit of God descending like a dove and coming down on him. And a voice spoke from heaven, 'This is my Son, the Beloved; my favour rests on him.'

### **The Gospel of the Lord**